

## Editorial on Cosmetic Dentistry **Sanika Swapna\***

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### Editorial

Cosmetic medicine, conjointly referred to as esthetic medicine, has not been clearly outlined by the American Dental Association (ADA). However, dentists outline it because the technique of medicine that improves a patient's smile and self-image. Having an exquisite smile and robust teeth square measure essential for several reasons-aesthetically and in reference to overall health, a lovely smile, or lack therefrom, affects your oral health. Additionally, sureness and the way the globe perceives you on the surface are compact. This can be as a result of a person's smile is sometimes the primary feature anyone notices. Esthetic procedures embody dental veneers and teeth change of color. On the opposite hand, dental crowns, dental bridges, dental bonding, dental implants, inlays and onlays, and dentures square measure all restorative dental treatments. Odontology procedures will correct misshaped, chipped, discolored, and missing teeth.

There square measure straightforward and complex solutions for fixing a smile, counting on the patient's desired outcome. per consultants, there square measure several reasons why a personal is sad with their smile. as an example, the foremost common causes square measure tooth discoloration, teeth situation, and teeth gaps. Dental veneers square measure the foremost requested treatment as a result of they'll correct all of the cosmetic problems listed on top of. It's vital to seem for dentists WHO square measure qualified within the specific space of treatment you're seeking. As an example, all dentists learn cosmetic techniques in ancient dental faculties. Although, some dentists invest longer and cash into continued education for odontology, that makes them higher equipped than somebody WHO hasn't created a similar investment. So, finding a medical man that focuses on cosmetic procedures ensures you will receive the very best quality treatment.

### Types of cosmetic procedures

Esthetic dental treatments square measure normally spoken as "smile makeovers." above all, there square measure a number of cosmetic procedures to decide on from supported individual needs:

#### Teeth change of color

Whitening treatments embody over-the-counter treatments, in-office change of color treatments, and intensive treatment mistreatment custom impressions although, K<sub>2</sub>O Whitening is that the simplest in-office treatment, per dental consultants. In short, it's a multi-step change of color treatment that needs a minimum of time period to ascertain results.

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### Braces and clear aligners

Braces and clear aligner's square measure dentistry treatments, however they're conjointly thought of cosmetic naturally. This can be as a result of the majority WHO invest in braces or clear aligners, like Invisalign, do thus to boost their look. In some cases, braces or clear aligners could also be medically necessary

Cosmetic dentistry may be a technique of skilled oral care that focuses on raising the looks of your teeth. And though odontology procedures square measure typically elective instead of essential, some treatment cases conjointly give restorative edges and study the foremost common procedures and the way they work.

### Dental implants

Square measure accustomed replaces lost or broken teeth. The medical man inserts a little atomic number 22 screw into the jaw at the location of the missing tooth that is the support for a crown. These implants square measure nearly indistinguishable from the encircling natural teeth. Once the bone and supporting tissue fuse to the implant, they're for good secured into place. Patients ought to follow diligent oral hygiene throughout the implant placement amount and once the implant procedure is completed to wash plaque and food scrap from the world. They will provide you with additional steerage on that procedures would be best for you.

It primarily focuses on improvement in dental aesthetics in color, position, shape, size, alignment and overall smile look several dentists discuss with themselves as "cosmetic dentists" despite their specific education, specialty, training, and knowledge during this field.